

Pacific InterChristian Community

Introductory Readings for Centering Prayer

Psalm 105

O give thanks to the Beloved, and
 Open your hearts to Love.
Awaken! Listen in silence to the
 Voice of the Counselor.

Psalm 105

Gentle us, O Compassionate One, that
 We tread the earth lightly and with grace
Spreading peace, goodness and love
 Without harm to any creature.

Psalm 105 (C)

As You lead us into the Silence,
 We become friends with solitude.
With trust in you our lives become simple
 leaving no room for fear.

Psalm 106

Remember us, O Beloved, as we make the Journey;
 Help us to live the Mystery,
That we may fulfill our divine destiny.

Psalm 106

We yearn for all that will bring us new life,
 We long for your very Presence among us
Comfort us, O Beloved, with tranquility of your Spirit.

Psalm 106

Awaken us to all that is holy, to the sacred,
 That our lives may be a reflection of You;
For we love You, and in our hearts
 We will to do your Will

Psalm 106

Your Word is joy to our hearts,
O, Creator of the Dance.

We pray for the gift of wisdom
That the motivations of our heart might be made pure.

Psalm 106

Call us, O Beloved, to spaces of solitude
And times to befriend the Silence;
That we may ever know that You are with us always.

Psalm 107

Enter into the Great Silence,
Where you may hear the voice of the Beloved
Who satisfies the hungry soul
And quenches the thirsty with streams of Living Water.

Psalm 107

Attune yourselves to the small still voice within,
Stay true to your heart's Center.
For through your inner being is the
Word of truth heard.

Psalm 107

Enter the Holy Temple of your heart
And learn to still the tumult of the mind.
Peace dwells in the heart of silence,
Compassion and mercy abide there as well.

Psalm 107

The Energy of Love radiates in everything,
And receptive hearts are purified by its Fire.
Blessed are the children of Light,
For they know their home in God's heart.

Psalm 108

My heart is ready, O Beloved,
Awaken my soul!
Awaken, O joy and gratitude!
I arise to the new dawn!

Psalm 81

I hear a Voice I have come to know;
"I relieve your should of the burden;
Your spirit is free to create."

Psalm 119

Help me to know, O Teacher, the path to follow you:
Lead the way and I will come.
Show me the power of your forgiving love.

Psalm 16

Remain ever before, O living Presence, for in You am I safe.
You are my Beloved; in You I can do all things.

Psalm 16

Love is my chosen food, my cup, holding me in its power.

Where I have come from where'er I shall go,

Love is my birthright, my true estate.

Psalm 142

In the paths where I walk, is it not You Who knocks at the gate of my heart?

I call to You, O my Beloved, Come to me in the silence,

Drop pearls of wisdom into my heart.

Psalm 130

My soul waits for you and in your Word I hope;

My soul awaits the Beloved as one awaits the birth of a child,

Or as one awaits the fulfillment of their destiny.

Psalm 126

When the Divine Lover enters the human heart, all yearnings are fulfilled!

Then will our mouths ring forth with laughter, and

Our tongues with shouts of joy.

Psalm 37

Commit you life to the Beloved,

Confident that Love will act on your behalf.

Be still before the Beloved,

And wait patiently in the silence.

Psalm 109

You appoint an angel to watch over me,

To protect me as I face my fears.

May I grow in wisdom and abandon myself to You

With radical trust.

Psalm 109

May I open myself to change,

To being guided by the Spirit;

May I risk the unknown and

Live into the Mystery!

Psalm 109

O, that I might honor the sacredness of all life!

May all the resentment and bitterness that live in me

Be transformed by your love!

Psalm 109

Implant your gifts within my spirit,

That I might offer them out to those in need!

Become like a garment wrapped around me,

Clothe me in the raiment of your love!

Psalm 109

You, O heart of all hearts, are the Thread

That connects each one of us.

Though I am weak and yet have miles to go,
Your steadfast love will lead me home.

Psalm 109

Guide me into wholeness, harmony and balance
That I may be a beneficial presence.
Let me give witness to your Word,
That others may grow in trust and truth!

Psalm 110

The Spirit is the One who makes all things new
And ever awaits our “yes” to the Dance!
Those who offer themselves freely,
Are guided through life’s rough paths.

Psalm 114

Come, all who have wandered far from the path,
Who have separated yourselves from Love;
A banquet is prepared for you in the heart’s Secret Room.

Psalm 114

Befriend all that is with you,
Discover the Secret Room in your heart.
Then will abundant blessings enter you home;
And you will welcome the Divine Guest who is ever with you.

Psalm

You who open your hearts to Love,
Will find inner peace,
Through the Holy One, who is your salvation!

Psalm 116

You raise me up to new life;
You dry my tears and guide my feet on straight paths.
Now I walk hand in hand with Love.

Psalm 116

Precious to You are all who live in Love,
Who abandon themselves into your loving care.
O Beloved, consider me your friend
For you have loosed the bonds of fear in me.

Psalm 116

You, O Loving Presence, have been my strength,
You have stood beside me in the darkness,
You have walked with me into the light!